

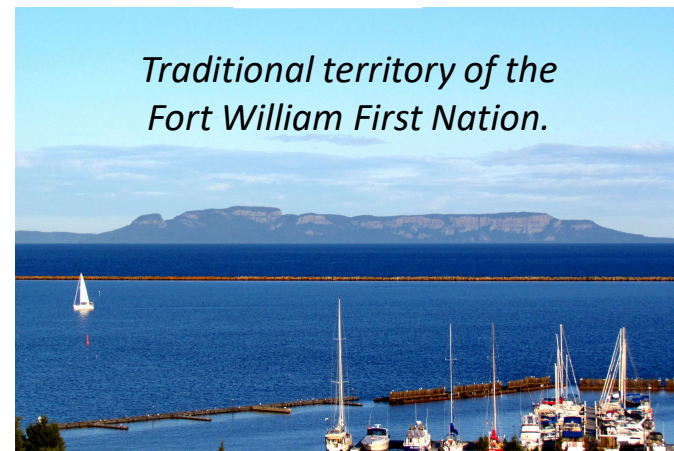
ONTARIO PARASPORT & ADAPTED PHYSICAL ACTIVITY SUMMIT

PRESENTED BY OPC

... and then there's the **collaborative
community development** in ...



Taryn Klarner Read (she/her)
Assistant Professor
Lakehead University





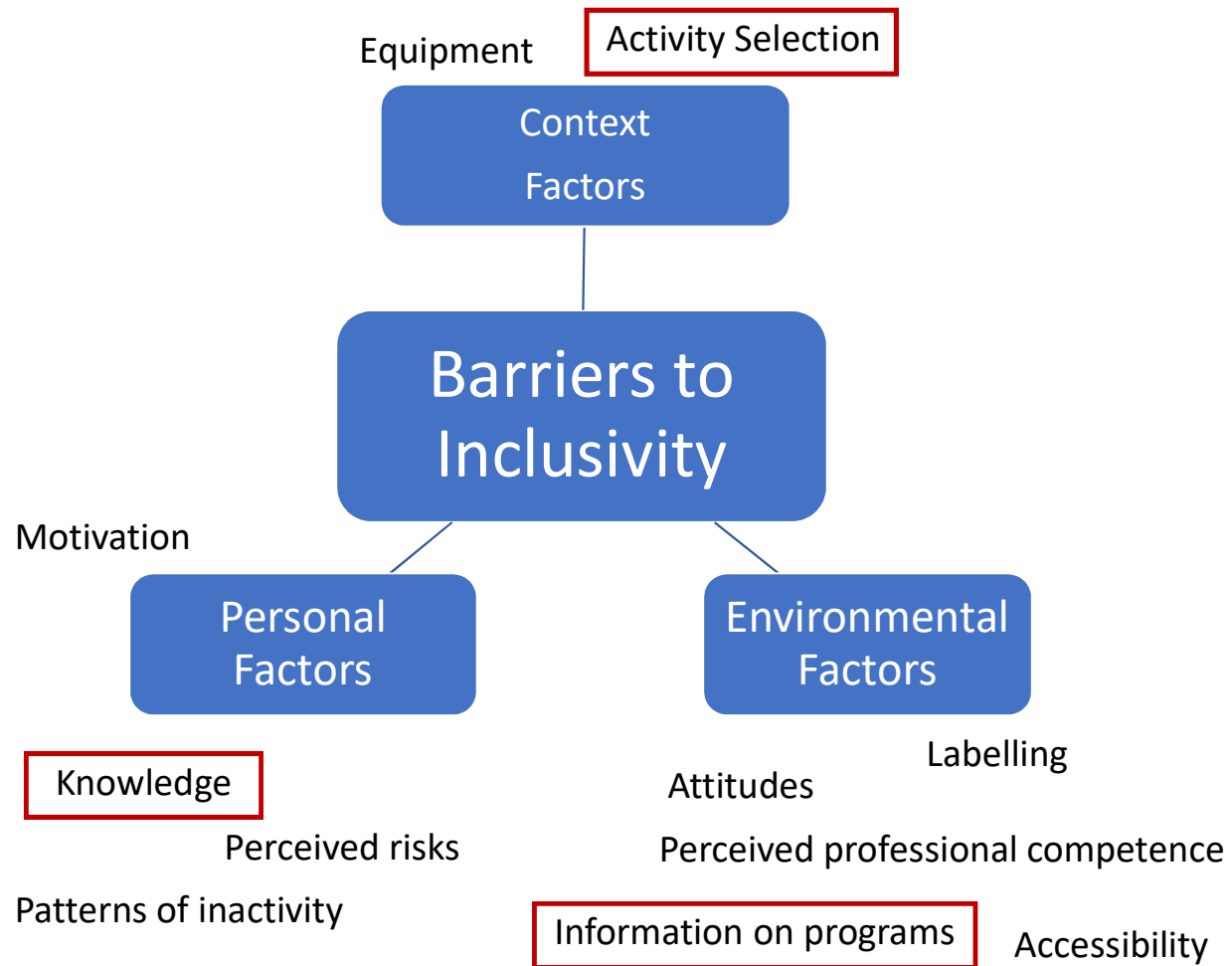
Collaboration



Ontario
Parasport
Collective

Adaptive/Community Sport Meeting June 22, 2023





Accessible Sport Expo

The screenshot shows the City of Thunder Bay website for the Accessible Sport Expo. The header includes navigation links for A-Z Directory, Accessibility, Connect, and Maps, along with a search bar and a 'What are you looking for?' field. The main navigation menu features 'CITY SERVICES', 'RECREATION', 'BUSINESS', and 'CITY HALL'. The hero image shows two individuals in adaptive sleds on an ice rink. The main heading is 'Accessible Sport Expo' with a breadcrumb trail: 'Home / Recreation / Sport Development / Accessible Sport Expo'. The event details state it is on Monday, September 19, 2022, at the Victoria Inn Embassy Ballroom, from 6:00pm to 6:30pm. A QR code is provided for pre-registration. The keynote speaker is Jeff Adams, a Paralympian and World Champion in wheelchair sports. A sidebar on the right lists 'Sport Development' events: 'Accessible Sport Expo', 'Inspire - Sport and Health Event', and 'National Coaching Certification Program', with a link to 'View Full Recreation Menu'.

Accessible Sport Expo: September 19, 2022

Sports and fitness activities are so important - for both children and adults. The need for accessible sports and activities has become an ever-growing need. In order to address this, George Jeffrey Children's Centre and Foundation have partnered with PRO Kids and the City of Thunder Bay to host an Accessible Sports Expo to promote accessible activities and equipment in our community.

Join us, for this **FREE** event on **Monday, September 19, 2022** at the Victoria Inn Embassy Ballroom. Doors open at 6:00pm, and the event will begin at 6:30pm.

Pre-registration is preferred, RSVP on Eventbrite using our QR code!

The Accessible Sport Expo is intended to raise awareness and promote the accessible activities and equipment available in our community.

Keynote Speaker: Jeff Adams

The Expo will also complement an amazing guest speaker, a motivational speaker named Jeff Adams. As a five-time Paralympian and six-time World Champion in wheelchair sports, Jeff is living proof that focus, determination, and spirit are the keys to achieving "gold medal" dreams. Combining his unique understanding of life's challenges with his experience as a world-class athlete, Jeff synthesises his experience in sport, government, and business into messages that show how the path to success is often the same, regardless of the goal that is being pursued.

Jeff started using a wheelchair at nine years old; the radiation therapy that saved his life while battling cancer in infancy had, by nine, permanently damaged his spinal cord. Since then, he has faced this monumental challenge admirably, competing in six consecutive Summer Paralympics, from 1988 to 2008, and winning a total of three gold, four silver, and six bronze medals.

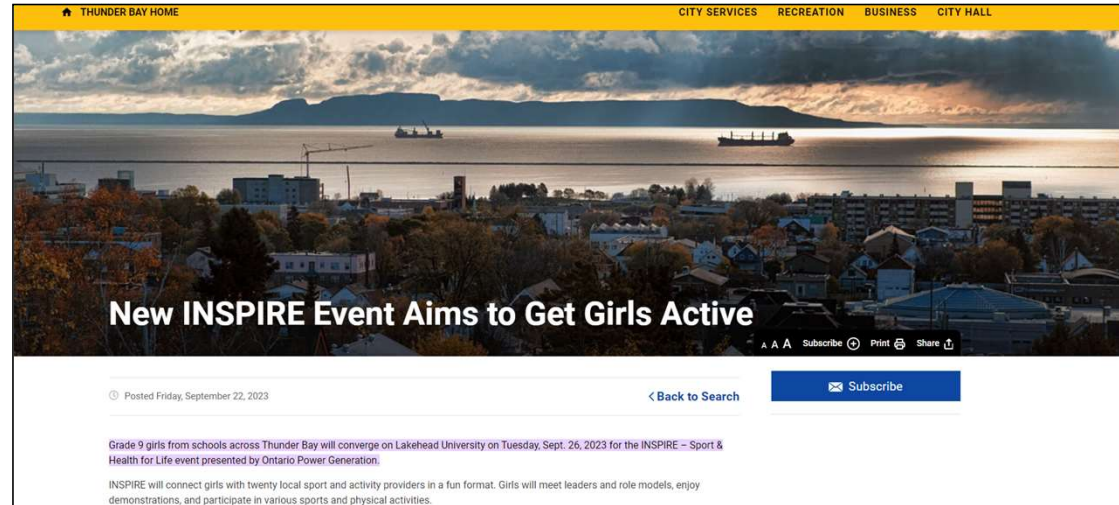
Jeff has appeared in television commercials, acted as a global spokesperson for multinational corporations, and

Sport Development

- Accessible Sport Expo
- Inspire - Sport and Health Event
- National Coaching Certification Program

[View Full Recreation Menu](#)

Inspire Sports and Health Event



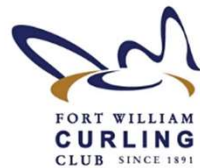
Accessible Activity Providers

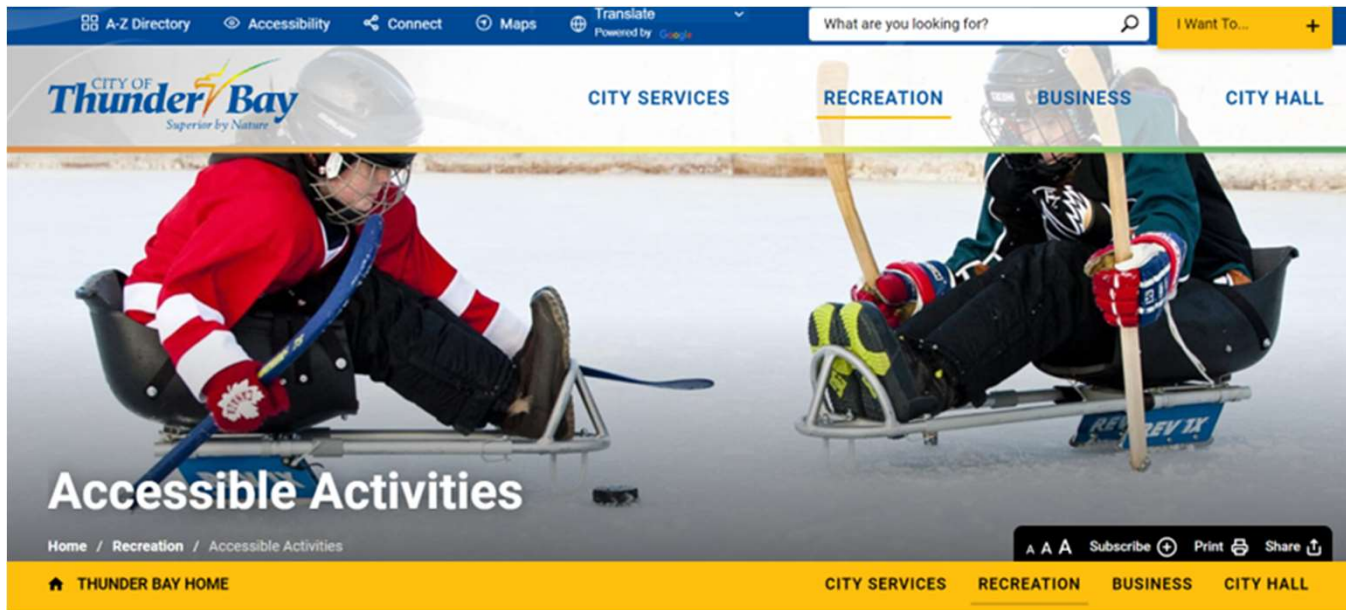
Thunder Bay Contacts - OPC .DOCX ☆ ☰ ☁

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Organization	Contact	Website
Thunder Bay Sitiski and Nordic	Dave 807-475-7081	
Therapeutic Riding Thunder Bay	Maureen	http://thunderbaytherapeuticriding.org/
	Tereza Biloski 472-5650 / 474-8846	thatbarn@aol.com terezabiloski@tbaytel.net
Wheelchair Curling	Gino Sonogo 807-472-5650 aurora.gino@tbaytel.net	
Dreamers all ability Cheerleading	Lorena dynamitechear2010@gmail.com	https://dynamitechear.weebly.com/dreamers.html
Special Olympics	Rob Neff carolandrobnoff@hotmail.com Denita Minoletti dminoletti1@shaw.ca	https://www.facebook.com/groups/1443152865716163/
Port Arthur National Little League (TB Challenger Baseball)	tamcdoug@lakeheadu.ca	
George Jeffrey Children's	Stacey Collie scollie@georgejeffrey.com 808-623-4381 ext. 6805	





If you live in Thunder Bay and have a person in your life, or yourself have a disability, we are proud to offer support and facilitation across our Recreation and Culture programming, facilities, and services.

Supports for children who have a disability

- **Junior Inclusion Services (JIS)** supports children and youth who have a disability and want to play in a **Recreation and Culture programs**.
- **Personal Attendant for Leisure (PAL) Card** lets a child's support person to enter a recreation program/facility for free.

Supports for adults who have a disability


- **Inclusion Services** supports adults who have a disability and are looking to go golfing, swimming, go to a program or use a Recreation and Culture facility.
- **Personal Attendant for Leisure (PAL) Card** lets a person's support person to enter a recreation program/facility for free.

Accessible Activities

- [Accessible Sports](#)
- [Adult Inclusion Services](#)
- [Junior Inclusion Services](#)
- [PAL Card](#)

[View Full Recreation Menu](#)

- **Accessible sports groups** in Thunder Bay who offer programs for people of many abilities.


Thunder Bay =  = Hockey



tbnewswatch.com



CBCnews.ca


Support by Nature



Sledge Skating

JOIN US FRIDAYS AT THE FORT WILLIAM GARDENS.

Sledges are available to use at no charge.
Bring your own helmets.

**Helmets
Required**

Dates: Oct 28, Nov 18, Dec 23, Jan 27, Mar. 24.

Time: 7:00pm - 8:30pm

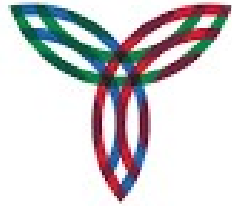
Admission Rates (HST included)	
Child (14 & under)	\$5.14
Student (15-18yrs)	\$5.65
Adult (18+ yrs)	\$6.68
Older Adult (65+ yrs)	\$5.65
Family Rate (max 2 adults, 2 children)	\$14.90

Public Skating Sessions are subject to change in response to Covid-19 provincial legislation and on-ice availability.

For more information and Public Skating Rules, visit thunderbay.ca/publicskating or email matthew.lawrence@thunderbay.ca



www.hockeyhno.com



Thunder Bay 2024

Ontario
Winter Games

Jeux d'hiver de
l'Ontario



Para Alpine Skiing

Wheelchair Curling

Para Nordic Skiing

Collaborative Community Development

CITY OF
Thunder Bay
Superior by Nature





Our Story

What is OneAbility?



OneAbility is a network of about 50 organizations and groups who are **working together** to promote and improve **sport and recreation** opportunities for people with **disabilities**



Our Mission

OneAbility fosters active living and sport participation for people with disabilities by facilitating connections, partnerships, advocacy, education and knowledge sharing among its' members and communities



How did it all start?

OneAbility was founded in 2015 and began in Victoria BC. It now has members from all around the province and its model and services have expanded to other provinces.

The need for a **collaborative approach** became apparent when numerous organizations were working individually and competitively for a **common goal**



Strategic Plan

2021
2024



OneAbility Network

The Greater Victoria Collaborative
for Adapted Sport and Physical Activity



-  OneAbilityVictoria@gmail.com
-  oneability.ca
-  [OneAbility](https://www.facebook.com/OneAbility)
-  [@One_Ability](https://twitter.com/One_Ability)
-  [oneability](https://www.instagram.com/oneability)

1 Deepen member's connections and capacity for pursuing their mandates

What does success look like?

- Members are collaborating outside of **OneAbility** (such as referring to each other, joint events, shared equipment or expertise, etc.).
- Members identify benefits to their professional practice and their organization (such as new skills, partners, access to information, greater reach, etc.) as a result of their participation in **OneAbility**.

How will we do it?

- Continue to offer the monthly forum, on-line learning, networking and information sharing events.
- Deliver annual micro grant program.
- Source and/or deliver capacity building and resource development supports to (smaller) members including exploring opportunities for shared services (such as book-keeping, web developers) and resources (from equipment to expertise).
- Promote, facilitate and evaluate a variety of opportunities for members to connect with each other and network in person and virtually, including supporting members to be hosts and partners delivering Network and non-Network community based activities.

2 Enhance relationships and structures for joint promotions, education and advocacy

What does success look like?

- The shared calendar continues to be updated and used by members.
- Members identify making and receiving referrals to/from each other.
- **OneAbility** has new members, funders, and partners that are integrating a sport disability lens into their programs and how they engage in communities.

How will we do it?

- Expand the program calendar to include all of Vancouver Island and enhance with additional elements for participant and member searches and cross promotion.
- Continue to cultivate relationships that strengthen awareness, resources and supportive policies (such as Ministry of Health).
- Promote, facilitate and evaluate a variety of opportunities for members to connect and network in person and virtually in order to strengthen cross promotion and collaboration.

3 Grow the network

What does success look like?

- Membership in **OneAbility** has clear benefits and responsibilities.
- There are new members within the CRD and on Vancouver Island (including a greater diversity of services such as suppliers, arts-based, physical therapists, etc.).
- **OneAbility** is supporting replication efforts in other provinces (in some form to be determined).

How will we do it?

- Continue to develop strategic relationships that strengthen the diversity and reach of the Network (such as Indigenous Sport, Recreation and Physical Activity Council).
- Develop, implement and evaluate a refined membership structure and promotions strategy that will re-engage inactive members and recruit new members on the Island.
- Develop a scaling out strategy.

4 Develop the internal resources and structures needed for an effective, sustainable network

What does success look like?

- Clear, transparent systems and practices for membership and communications.
- Evaluation practices and a learning and adaptive action culture within the Network.
- Annual budget is maintained and enhanced and there are two new funders.

How will we do it?

- Continue to diversify and increase revenue sources, including funds for micro grants.
- Continue to develop strategic relationships with a focus on multi-year funding partners and shared services.
- Review, refine and promote a new membership structure.
- Develop and implement an appropriate evaluation framework and accompanying practices that demonstrate value to members, funders and other stakeholders.

2022 was a big year for OneAbility!

- We completed our charitable status process
 - Delivered multi-sport programs
 - Supported 4 local events
- Developed a shared service model for our members

OneAbility has been able to expand its breadth and depth across the community. None of this would have been possible without support from our amazing funders.

Thank you Victoria Foundation and Canadian Tire Jumpstart!



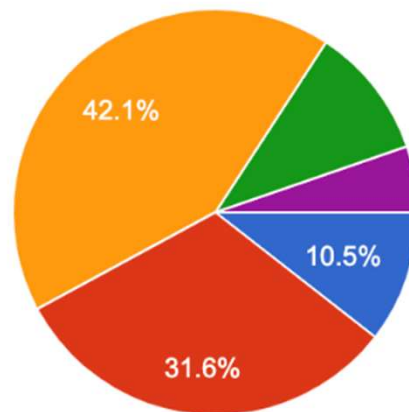


39,694+

**Individuals were
served or engaged by
OneAbility in 2022**

Membership Overview

OneAbility members have stayed engaged with OneAbility for many years, with new members signing on as programs return post COVID.



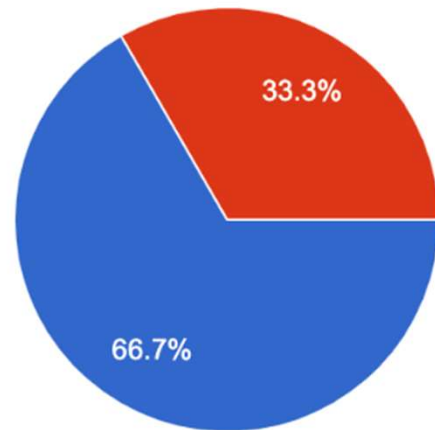
- Less than 1 year
- 1-2 years
- 3-5 years
- 6+ years
- Founding organization



Membership Overview

Network Collaborator: An organization or individual actively participates in one or more of the sub-committees and community initiatives, as well as OneAbility services.

Network Affiliate: An organization or individual that desires to support and connect through OneAbility and its initiatives, but is either not actively participating in OneAbility activities

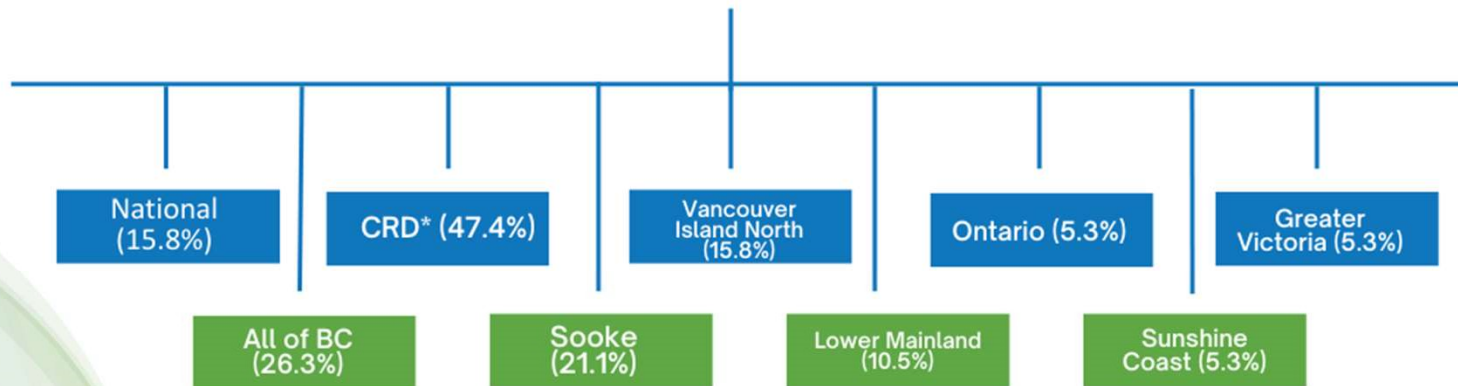


- Network Collaborator
- Network Affiliate



Geographical Service Area

While most members are located within and provide services to the capitol regional district, OneAbility members have impact in communities across the island, province and country.



OneAbility Members Serve a Wide Range of Disabilities and Diverse Abilities

Intellectual

73.7 percent of members serve individuals with intellectual disabilities

Learning

63.2% of members serve individuals with learning disabilities

Physical

100% members serve individuals with physical disabilities

Developmental

68.4% of members serve individuals with Developmental disabilities

Vision

63 % of members serve individuals with vision disabilities

Autism Spectrum Disorder

78.9% of members serve individuals with ASD

Hard of Hearing

68.4% of members serve individuals who are hard of hearing

Mental Health and Invisible Disabilities

63% and 68% of members serve individuals with mental health and invisible disabilities, respectively



Types of Services Offered by OneAbility Members

1

Training / Education

2

Physical Activity / Training

3

Support Services

4

Camps / Group Based Activities

5

Sports / Recreation

6

Health Services

Benefits of OneAbility Membership





OneAbility Supported Events

OneAbility hosts the Annual Education Day, and supports 3 member organizations in the delivery of events targeted at adaptive sport and recreation:

- PISE Family Festival
- Power to Be Have a Go Days
- OneDay



Annual Education Day

The 2023 theme for Annual Education Day is *Education in Action*

Coming up November 24th!

JOIN US!



Annual Education Day *Education in Action*

OneAbility is the Greater Victoria Collaborative for Adapted Sport and Physical Activity. OneAbility facilitates athletic and recreational opportunities for people across the age and disability spectrum. A key initiative is our Annual Education Day, a free virtual event open to all individuals and organizations across the Canada.

**BECOMING
PARA READY**



This year we will be featuring education programs that support people with disabilities in regard to para sport, neurodiversity, and cognitive disabilities. We will feature learnings from the Becoming Para Ready program, Canucks Autism Network and Special Olympics Canada

**Annual Education Day is on November 24th from
9AM - 12PM PST.**

Use the QR Code
to Register



Proudly supported by the Victoria Foundation

Annual Education Day

The 2022 theme for Annual Education Day was *Accessibility in Action*.

Over 100 individuals registered for the free, virtual event with keynote address by accessibility advocate Mayaan Ziv.



Annual Education Day KeyNote Speaker Mayaan Ziv

1. We are excited to announce Mayaan Ziv of AccessNow, and one of Canada's top 40 under 40 as our Keynote Speaker. Read more [here](#).
2. Join our *Accessibility in Action* Panel to learn about how leaders across Canada champion accessibility
3. Listen to Michael Wood of [Inclusive Sport Design](#) present on *Moving to Action*

Annual Education Day is on November 18th from 9AM - 12PM PST



VICTORIA
FOUNDATION

Proudly supported by the Victoria Foundation

PISE Family Festival

OneAbility alongside PISE connected with over 300 families at PISE's Family Festival (in person) to highlight adaptive sport and recreation events and programs.

Participants were able to try Boccia, Sledge Hockey / Roller Sleds, Wheelchair Basketball and Wheelchair Rugby



Power to Be Have a Go Days

OneAbility provided honorariums for OneAbility members at Power to Be's series of Have A Go Days where individuals were able to sample various outdoor sport and recreation activities.



HAVE A GO DAY 11AM – 3PM

SUNDAY, JUNE 19TH

SATURDAY, AUGUST 6TH

SATURDAY, OCTOBER 15TH

Join us for a free program to try new activities with *Power To Be*.

WHAT: Come experience the outdoors with *Power To Be*! We offer a variety of activities including hiking (with and without TrailRiders), paddlesports, nature adventures, and more.

WHO: Anyone who wants to access nature in a safe, fun, and inclusive way. This open event invites all current *Power To Be* participants and their families, as well as anyone interested in learning more about *Power To Be*. This is an excellent opportunity to try something new in nature and to meet *Power To Be* staff, volunteers, and participants.

WHERE: Our beautiful Prospect Lake site located at 4633 Prospect Lake Rd.

DETAILS: No RSVPs are required to attend. We ask that anyone under the age of 19 be accompanied by adult support. Activities are available for sign up upon your arrival and run on a rotating basis. We will run the activities rain or shine, so dress appropriately for the weather.

We can't wait to adventure with you!



powertobe.ca

OneDay



OneAbility supported OneDay, a greater Victoria community event targeted at supporting and highlighting individuals of all abilities.

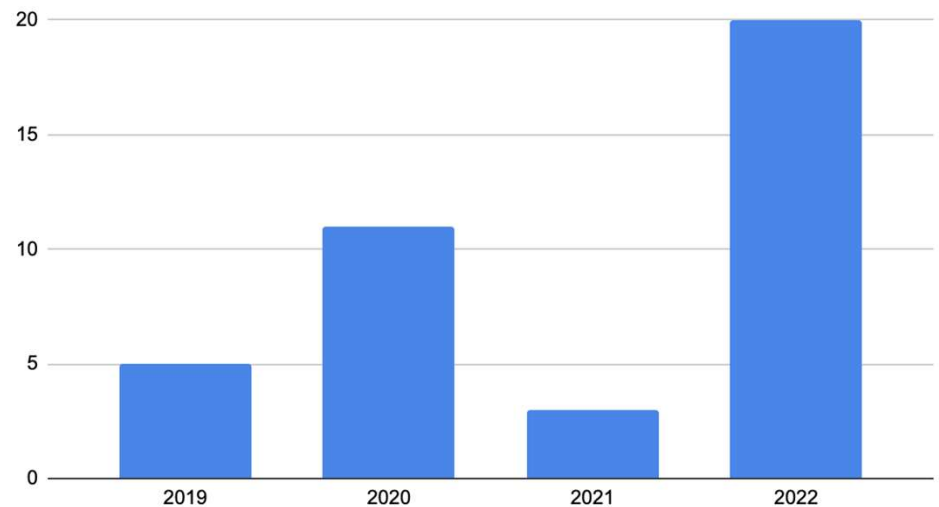
OneAbility alongside PISE, KidsPhysio Group, Embrace Arts, RAD - Recreation Adaptive Victoria, Canucks Autism Network, Hampton's Little League challengers, Power to Be, MOVE Adapted Fitness, and Panorama Recreation centre shared the great opportunities and options to access Outdoor Sport and Recreation at this year's OneDay event.

Program Grants

Program Grants support the promotion and facilitation of physical activity for individuals with a disability in the Capital Region.

In 2022, OneAbility added a grant period to support 3 grant periods – spring, summer and fall! Over 20 program grants were funded, which is a new record for OneAbility – over \$10,000 was granted to OneAbility members.

Number of Program Grants Funded



Shared Services

Shared Services proactively support and strengthen capacity of Network members through offerings such as marketing, bookkeeping, grant writing, legal services, and training.

In 2022, OneAbility launched the accounting shared service. RAD Founder, Tanelle, worked extensively with the accountant for the latter half of 2022.



“Jane’s knowledge and expertise in numbers, organization and bookkeeping have been invaluable to the continued operations and success of RAD. Excited to continue learning and to implement her recommendations in the coming year.”



ParaPlay

In 2022 & 2023, OneAbility hosted 6 sessions of each multi-sport program (9-15 and 16-25) serving over 20 youth across the Greater Victoria Region.

Coordinated by OneAbility,
Delivered by our Members



ParaPlay

We are grateful to Canadian Tire Jumpstart and viaSport BC for the funding support.

It has been great to collaborate with our partners on this project. Thank you:

- Victoria Wheelchair Sports Club
 - PISE
 - CARSA
 - BC Wheelchair Sports
 - Kids at Tennis Society
- Victoria Therapeutic Riding Association

Building the Case to Invest in Adaptive Sport and Recreation

OneAbility was a selected participant of Vancouver and Southern Gulf Islands 2022-2023 cohort of Thriving Non-Profits. In 2023, OneAbility looks forward to bringing our revenue generation vision to life with our members.



We are better together...
and OneAbility is here to work together!



OneAbility wants to thank our phenomenal members, partners, funders and participants for the continued engagement, support and collaboration in 2022!

