

# Community NEWS



(L-R) Boris Perez, Harriet Lahman, Juliane Kennedy

## BOCCIA FOR ALL

In 2018, Vibrant Healthcare Alliance received funding from the Ontario Trillium Foundation to expand boccia and stretching programs for people with physical disabilities.

The goal of the program is to foster more active lifestyles and promote safe, inclusive, fair and fun programs for more than 1,700 people in the community.

The program includes eight weeks of free recreational activity that is

based on the Long Term Athlete Development (LTAD) Plan from experienced coaches, trained volunteers and attendant care providers. The customized curriculum was designed by partner organization, the Ontario Cerebral Palsy Sport Association.

Within the program, National Coach Certification Program (NCCP) training is offered to volunteers, family members or anyone who desires to contribute, at no cost.

**Interested in getting involved with Boccia for All?  
Visit [www.vibranthealthcarealliance.ca](http://www.vibranthealthcarealliance.ca) to learn more.**



## PARAPAN AMERICAN GAMES

From August 23 – September 1, 2019, a total of 151 athletes from Canada competed in the Parapan American Games in Lima, Peru. It was an action-packed schedule with nail-biting competitions, tough defeats and record-setting wins. Canada walked away with an impressive medal count and many hopefuls for the Tokyo 2020 Paralympic Games.



**60 medals in total: 17 gold,  
21 silver and 22 bronze.**